How To Receive The Desires of Your Heart

Ps. 37:3-5

Enter Psalm 37:4; "Delight yourself also in the Lord, and He will give you the desires of your heart."

Delight: a high degree of pleasure or enjoyment, to take great pleasure in. (Webster)

How do we know that we are delighting ourselves in the Lord?

1) Our hunger and thirst for Him and His plans are at a deeper level.

Psalm 42:1-2; "As the deer pants for the water brooks, so pants my soul for You, O God. My soul thirsts for God, for the living God."

David declared, "O God, Thou art my God, I shall seek Thee earnestly, my soul thirst for Thee, my flesh yearns for Thee, in a dry and weary land where there is no water" (Ps.63:1).

2) There will be a different sense of progression in our walk with the Lord.

3) There will be a fresh awareness and excitement about God's direction for your life.

Proverbs 3:6; "In all your ways acknowledge Him, and He shall direct your paths."

Jeremiah 29:11; "For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope."

4) Your spiritual desires will override your fleshly desires.

Read Philippians 3:4-14

5) You are willing to trust Him with all that concerns you.

Proverbs 3:5; "Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths."

6) You will be willing to wait on His perfect timing for every circumstance you face.

Lamentations 3:25; "The Lord is good to those who wait for Him, to the soul who seeks Him."

Isaiah 39:31; "But those who wait on the Lord shall renew their strength; they shall mount up with wings like eagles. They shall run and not be weary; they shall walk and not faint."

Psalm 62:5-7; "My soul, wait silently for God alone, for my expectation is from Him. He only is my rock and my salvation; He is my defense; I shall not be moved. In God is my salvation and my glory; the rock of my strength, and my refuge, is in God."

Waiting:

- a) Gives us clear direction for our lives
- b)Develops a deeper level of trust
- c) Builds stability and confidence
- d)Keeps us in line with His timing
- e)Allows God to reveal our true motives and desires