

The Arrow of Insecurity

Insecurity, The Meaning:

Webster defines insecure as “subject to fears, doubt; not confident or assured.”

Insecurity, It's Effect:

While there are many causes of our insecurities the effects are all the same:

- Feelings of worthlessness
- Never content
- Feelings of being out of place, not wanted
- Feelings of never measuring up
- Unloved and unappreciated
- Living with a poor self-image

How Do We Overcome The Arrows of Insecurity?

Enter David: 1 Samuel 17

**1) Acknowledge the problem of
insecurity is real:**

**2) Make the Decision to Overcome
Insecurity:**

3) Change Your View of Yourself:

4) Focus On Your Positive Qualities:

Proverbs 23:7; *“For as he thinks in his heart, so is he.”*

5) Don't Compare Yourself to Others:

Psalm 139:13-14; *“For You have formed my inward parts; You have covered me in my mother’s womb. I will praise You, for I am fearfully and wonderfully made; Marvelous are Your works, and that my soul knows very well.”*

6) Stop Blaming Others for Your Insecurities:

7) Reward Yourself When You Move Forward:

Hebrews 11:6; *“Without faith it is impossible to please Him, for he who comes to God must believe that He is and that He is a rewarder of those who seek Him.”*

Proverbs 37:3-6; *“Trust in the Lord and do good; dwell in the land and cultivate faithfulness. Delight yourself in the Lord; and He will give you the desires of your heart. Commit your way to the Lord, trust also in Him, and He will do it. He will bring forth your righteousness as the light.*